

Welcome to your booked visit to TungbandsKliniken.

During the pandemic time, for your safety, we moved the clinic from the city center to the ground floor in my private home. We thought this temporary solution would last for a couple of months but it lasted for two years and it has been so appreciated by our visitors because of the calmness away from city so we will permanently the clinic in Torslanda.

Both parents are welcome to accompany on the visit if you are free from covid-19 symptoms.

Address: Sävstigen 5, Torslanda

The visit costs SEK 1975 and is paid for via Swish
Visitors from other Nordic countries can pay via invoice

Park in front of garage doors or in the small gravel parking lot. Walk along the road on the outside of the hedge and when it ends, the entrance to TungbandsKliniken is a flight of stairs down to the basement level.

Cutting the tongue tie loosens the tongue muscle so the child has the opportunity for full mobility in his muscle. But since the child has trained suction movements since early in the fetal life, it can be expected that it will take several weeks before the child can restore optimal function. Most children get a good effect much sooner than that. Prior to the visit here, we recommend you to have met a lactation consultant for help with all the ordinary difficulties behind breastfeeding problems as different positions and breastfeeding techniques. Or/and a specialist in bodywork as an osteopath, chiropractor or cranio-sacral therapist.

Aftercare is often required, as well as chiropractic and continued breastfeeding counseling in order to fully cope with the difficulties. This is something you as parents decide about and a recommendation from us, not a demand.

Feel free to give a suppository of alvedon 60mg (suppository paracetamol) one hour before the treatment if the child weighs 3kg or more.

Your booked time is 40 minutes for examination and clipping, hence of the utmost importance that you will come prepared by taking in information pre sent as the time is otherwise taken from another patient.

Read about aftercare at www.tungband.se and in videos below.

The first day, the child can sometimes be unused to his new way of moving the tongue and can then be sad and not find technology to suck. It usually passes after the first day and we go through here and give advice on the care of the first days.

<https://youtu.be/OutQ0noLNeM>

https://drghaheri.squarespace.com/aftercare?fbclid=IwAR216cDig1uGkU04cw-LP8hjv9ccMAmfZGFlv6kYkwtp22M_Sgmqlq_bYzM

<https://vimeo.com/518192415?fbclid=IwAR3reFY6QTkUBK9Er6f78rmQUyxmZvRpUezVRIqaGhIHuOb5Ffx10R4iZ-c>

Welcome!

www.kolikhjalpen.se